How do you feel?

1 Circle the correct adjectives.

- 1 I don't understand this homework. I'm extremely confused / proud.
- 2 That's fantastic news! We're bored / delighted.
- 3 My grandfather is very ill at the moment. I'm ashamed / anxious.
- 4 Our holiday begins tomorrow. We're all very shocked / excited!
- 5 Tony's brother always plays loud music late at night. Tony sometimes gets a little bit upset / envious about it.
- 6 Mr and Mrs Willis feel proud / embarrassed of their son. He works hard and is a very good football player.
- 7 I can sometimes get rather cross / relieved and shout at people, but then I feel a bit suspicious / ashamed later.
- 8 It's late at night and I can hear a loud sound outside. I feel frightened / disappointed.

2 Read about the people below. How do you think they feel? Use one adjective to describe each person's feelings.

1	Tom hears some very bad news.	6	Hannah borrows her mum's phone and then breaks it.
	He feels		Hannah feels
2	Rob's teacher wants to speak to him at the end of	7	Sam finds a note in his bag. It says: 'I'm watching
	lesson.		you'
	Rob feels		He feels
3	Sarah wins a talent competition.	8	Alexa's little brother is reading her diary.
	She feels		She feels
4	Martha loses a talent competition.	9	Joe's best friend moves to another country.
	She feels		Joe feels
5	José forgets his friend's birthday.	10	Anna's friends have a party. They don't invite Anna.
	José feels		Anna feels

3 SPEAKING Work in pairs.

Student A Read out one of your adjectives from exercise 2.

Student B Try to match the person from exercise 2 to Student A's adjective.



1A How do you feel?

Aims: To recycle adjectives to describe feelings and then to use the target language to describe how people feel in different situations.

Time: 10-15 minutes

Materials: 1 handout for each student

Exercise 1

- Give each student a handout and ask them to do the exercise. Students should know all the adjectives from lesson 1A in the Student's Book. Give them time to read the sentences and choose the best adjective for each.
- Check answers with the whole class, focusing on the correct pronunciation for each adjective.

KEY

1 confused 2 delighted 3 anxious 4 excited 5 upset 6 proud 7 cross, ashamed 8 frightened

Exercise 2

• Students read about different situations and then write an adjective to describe how each person might be feeling. Explain that there might be more than one adjective that can be used for each situation. Do not check answers with students yet. Move directly on to exercise 3.

Exercise 3

• Students work in pairs to read out their answers to exercise 2 and to match them to the person. They can then discuss in pairs if they agree with the choice of adjective used.

KEY

(Possible answers)

- 1 shocked / upset
- 2 anxious / upset / excited / frightened
- 3 proud / excited / delighted
- 4 upset / disappointed / cross
- 5 embarrassed / upset
- 6 anxious / ashamed / upset
- 7 frightened / anxious / suspicious
- 8 upset / cross / embarrassed
- 9 upset
- 10 upset / disappointed / anxious

Extra activity

• Students work in pairs to play a game. Student A chooses one of the situations from exercise 2 and acts out their feelings. Student B then guesses the situation. You could demonstrate this game first by miming one of the situations and asking the whole class to try to guess the situation. Students continue working in pairs until they have guessed all of the situations.