

**SOLUTIONS ELEMENTARY 4**  
**UNIT 8: BE ACTIVE!**  
**8C**

**PEGAH BAHOJB GHASEMI**

# 8B

## Grammar

### *going to*

*I can talk about plans.*

- 1 Complete the sentences with the affirmative form of *going to* and one of the verbs below.

do have move play study tidy visit watch

- 1 They're *going to* play volleyball at the beach.
- 2 I \_\_\_\_\_ TV at home tonight.
- 3 We \_\_\_\_\_ our cousins in Spain next summer.
- 4 She \_\_\_\_\_ physics at university next year.
- 5 My best friend \_\_\_\_\_ to the USA.
- 6 My brother and I \_\_\_\_\_ karate this evening.
- 7 You \_\_\_\_\_ your bedroom this evening!
- 8 My friends \_\_\_\_\_ a barbecue next weekend.

**2 Complete the sentences with the affirmative or negative form of *going to* and the verbs in brackets.**

- 1 They \_\_\_\_\_ (play) football, they're going to watch it.
- 2 He \_\_\_\_\_ (walk) to school, he's going to cycle.
- 3 I \_\_\_\_\_ (have) lunch because I'm not hungry.
- 4 She \_\_\_\_\_ (go) to bed early because she's tired.
- 5 I'm interested in athletics, so I \_\_\_\_\_ (watch) the Olympic Games on TV.
- 6 We \_\_\_\_\_ (go) shopping, we're going to stay at home.
- 7 I \_\_\_\_\_ (finish) my homework tonight, I'm going to do it tomorrow.
- 8 I \_\_\_\_\_ (write) a long email and then send it to my friend in Spain.
- 9 We \_\_\_\_\_ (buy) a new car because our old car is fine.

3 Complete the future time expressions with the words below. Use each word once.

afternoon day in next this tomorrow week weeks

1 \_\_\_\_\_ evening

2 \_\_\_\_\_ month

3 \_\_\_\_\_ a few days

4 next \_\_\_\_\_





5 this \_\_\_\_\_

6 the \_\_\_\_\_ after tomorrow

7 in a few \_\_\_\_\_

8 \_\_\_\_\_

4 Look at the table about the teenagers' plans for the weekend. Complete the questions and write short answers.

	 Ava	 Leo	 Lily	 Rory
go shopping	X	✓	X	✓
play tennis	✓	X	X	✓
do yoga	X	X	✓	X
visit friends	✓	✓	X	✓
watch a DVD	✓	X	✓	✓
make a cake	X	✓	X	X

1 (Ava / make a cake)

Is Ava going to make a cake?

No, she isn't.

2 (Ava / visit friends)

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3 (Leo / play tennis)

---

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4 (Lily and Rory / watch a DVD)

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5 (Rory / visit friends)

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6 (Ava and Leo / do yoga)

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7 (Lily / go shopping)

---

5 Write about your own plans. Use the affirmative or negative form of *going to* and the verbs below. Include a time expression from exercise 3.

1 listen to music

I'm *going to* listen to music this evening.

2 take an exam

---

3 go cycling

---

4 visit my cousins

---

5 do a lot of homework

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**WHAT'S SHE  
DOING?**



**WHAT'S SHE  
DOING?**

She's rock climbing.





**WHAT'S SHE  
DOING?**

She's rock climbing.

Why do people go  
rock climbing?

Would you like to  
try rock climbing?

Why / Why not?





## **ROCK FACE**

A bare vertical surface  
of natural rock.



1 **SPEAKING** Describe the photos. Where are the men? What are they doing? Use the words below to help you.

at night climb dark high rock face  
rope sleep steep tent





# EL CAPITAN



# El Capitan

For years, two climbers, Tommy Caldwell and Kevin Jorgeson, dreamed of climbing the Dawn

Wall. The Dawn Wall is a one thousand-metre rock face on El Capitan in Yosemite National Park. It is the steepest, most difficult rock face in the world. Tommy and Kevin decided to 'free climb'. That means they use ropes and equipment only to keep them safe and catch them if they fall. They don't use them to climb. They trained hard for six years and then attempted the climb at the end of 2014. People all around the world followed their progress on social media.

## **2 Read the text. Answer the questions.**

- 1 What was Tommy and Kevin's ambition?
- 2 What is the Dawn Wall?
- 3 What is 'free climbing'?
- 4 How long did they train before attempting the climb?
- 5 When did they attempt the climb?




It was my dream to do it.  
And now I'm going to ...




## **Listening Strategy**


When you listen in your own language, you 'listen ahead' and can often predict how a phrase or sentence will finish. Try to do this when you are listening to English too.

3  3.31 Read the **Listening Strategy**. Then listen and try to predict how each sentence will end. There are a number of possible answers.

1 Look at those dark clouds. I think it's *going to rain / going to snow / starting to rain / etc.*



4  3.32 Listen to the complete sentences and compare them to your ideas in exercise 3.

5  3.33 Listen to the news story about Tommy Caldwell and Kevin Jorgeson. When the recording pauses, write down up to five words that you think will come next. You will hear each part of the story twice.

1 *the sun went down*

2 \_\_\_\_\_

3 \_\_\_\_\_


4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

7 \_\_\_\_\_

8 \_\_\_\_\_

6  3.34 Listen and compare your ideas in exercise 5 with the actual words. Were any of your predictions correct or nearly correct?

**7** Work in pairs. Prepare an interview between a journalist and one of the climbers.

**Student A** You are a journalist. Prepare six questions using the prompts below.

**Student B** You are Tommy or Kevin. Prepare the answers using the information in the text and the news story.

- 1 how long / train?
- 2 when / start to climb?
- 3 how many hours / climb / each day?
- 4 get any injuries?
- 5 where / sleep?
- 6 biggest danger?

**8 SPEAKING** Work in pairs. Act out your interview for the class.

How long did you train?

# 8B

## going to

- 1 Look at the pictures. Correct the information in the sentences. Sometimes there is more than one possible correct answer.



- 1 Leonard's going to do judo after school.



- 2 Emma and Bill are going to go cycling at the weekend.



- 3 Martina's going to cook dinner when she gets home.



- 4 Mum and Dad are going to do yoga in the morning.



- 5 You're going to visit your grandparents next month.



- 6 I am going to do karate on holiday next year.

**2** Work in pairs. Ask and answer questions about the people in exercise 1.

Is Leonard going to do judo after school?

No, he isn't. He's going to play basketball.



- 3 **SPEAKING** It is the last week of the summer holiday. Complete your imaginary diary for the rest of the week with six of the activities below. Then work in pairs. Ask and answer questions using future time expressions about each other's imaginary plans. Are any of your plans the same? When can you meet and what would you like to do?

do aerobics do yoga go cycling go dancing go shopping with Mum go skateboarding  
go swimming go to the cinema have a party meet friends in town play tennis  
play volleyball practise a musical instrument revise for exams visit grandparents

	Morning	Afternoon	Evening
Wednesday (today)			
Thursday			
Friday			
Saturday			
Sunday			

**ASSIGNMENT:  
WORK BOOK 8C  
LISTENING  
PART (PAMPHLET)**

**DEADLINE: SUNDAY**