SOLUTIONS ELEMENTARY 4 UNIT 8: BE ACTIVE! REVIEW

PEGAH BAHOJB GHASEMI



Writing

An informal letter

I can write an informal letter.

Preparation

Complete the key phrases with the words below.		
know that? thing, what! if you / we could about (+ -ing form)? replying sooner. wrote to you.	tell you that / about ? we / you could news! reply sooner. could don't you / we ? guess what (happened)	
A Apologising		
1 Sorry, it's ages since I		
2 Sorry I didn't		
3 Apologies for not		

В	Giving news
4	Listen, did I
5	Guess
6	You'll never
	Good news! / Bad
	By the way, did you
9	Oh, and another
c	Making suggestions
10	How
	Maybe you / we
	Why
	It would be great
	If you like,

2 Read the letter. Where do we write these things? Write the correct numbers (1-3). 1 Extra information Date Writer's address 2 Dear Bradley, Thanks for your letter. Apologies for not replying sooner. I'm very busy at the moment with revision for my exams. I have to study every evening for two or three hours! Listen, did I tell you that I'm going to see Plymouth play next week? Would you like to come along? The match is on Saturday at 3 p.m. at the stadium in Plymouth. The team are playing really well at the moment and I think that they will win. Tickets are only £8. I'll get one for you if you like. Gemma and Ross are going too, so it will be fun. It would be great if you could come. That's all for now. Love. Alice

3

Writing Guide

Writing Strategy

Spend a few minutes planning and making notes before you start writing your letter.

3 Read the Writing Strategy. Then read the task below and make notes.

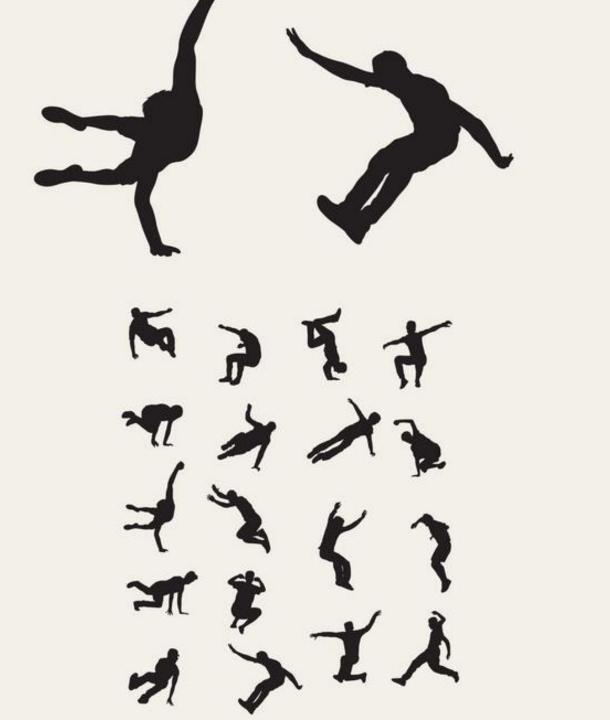
Write a letter to a friend. Include the following points:

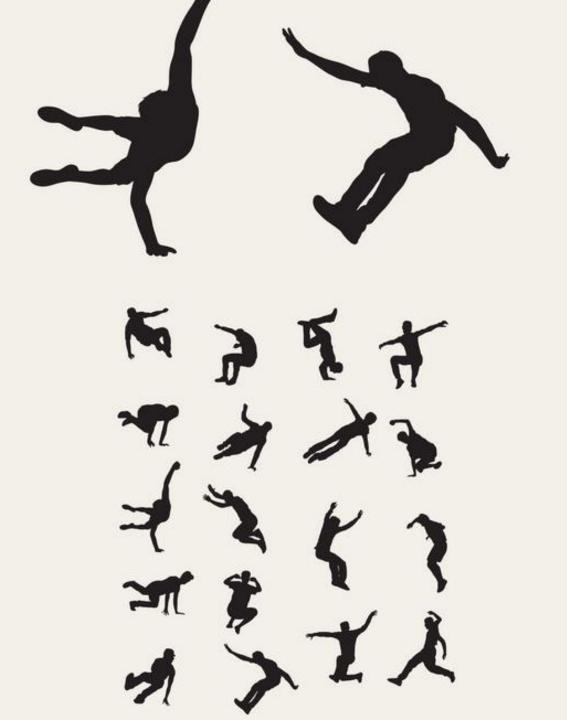
- Apologise for not writing sooner.
- Describe a sports event that you are going to watch.
- Invite your friend and tell him / her how much the tickets cost.
- Say who else is going to the event.

1	Opening phrases		
2	What is the sporting event? (which sport? teams? where? when?)		
3	Phrases to make a suggestion		
4	How much are the tickets?		
5	Who else is going?		

4 Write your letter. Lay out the letter correctly and include phrases from exercise 1.

CHECK YOUR WORK	
Have you	
 included phrases from exercise 1? checked the spelling and grammar? laid out your letter correctly? included all the points in the task? 	





TRICKING

Tricking is a training discipline that combines kicks with flips and twists from martial arts and gymnastics as well as many dance moves and styles from breakdancing.

Reading

Strategy

Before you do a true or false reading task, read all the statements carefully and underline key words in them. You will understand them better and underlining the key words will give you an idea of the information you are looking for.

1 Read the Strategy. Read the statements in exercise 2 and underline the key words.

2 Read the text. Are the sentences true or false? Write T or F.

- 1 Tricking is a mix of gymnastics and dance. ____
- **2** There is a long list of rules for tricking. ___
- 3 Tricking started in sports like judo. ____
- 4 Trickers post videos of tricks online. ___
- 5 Trickers only learn tricks from social media. ___
- 6 The first tricking meeting was in 2010. ___
- **7** There are trickers all over the world. ___
- 8 The butterfly twist is easy for beginners. ___

For a long time, not many people knew about tricking. Trickers used social media to arrange meetings at gyms or outdoor spaces. At these meetings they learned new tricks from each other. Then, people started to do tricking in films and on TV. A character in the 2010 film *Tron* did a few tricks, for example, and there are trickers in some music videos and TV advertisements. Now tricking is a worldwide sport.

Some sports centres now offer tricking courses, but most people still learn tricking from the internet. They usually begin with easier movements such as the 540 kick before learning moves like the flashkick and the butterfly twist which are much more difficult.

Tricking

A young man jumps, turns his body around in the air and lands on his feet. The movement is beautiful, but the man isn't dancing. Nor is he doing gymnastics, judo or karate. He's tricking.

What exactly is tricking? There's no clear definition. It isn't a sport. It hasn't got any written rules. Trickers are athletes who turn their



bodies in new and interesting ways to express themselves.

Tricking started in the USA in the mid-1990s. It developed from the martial arts. Players wanted to challenge themselves to do jumps that were bigger, more powerful and more exciting, so they invented new movements. They called these movements 'tricks'. At that time, the internet was becoming more and more popular. Trickers filmed themselves and shared their new movements on the web, and later on social media.

Listening

Strategy

Before you listen and fill the gaps in a summary, look at the words before and after each gap. Think about what sort of information is needed in each gap. Is it a place, a date, a time, an object, a person, a number or something else?

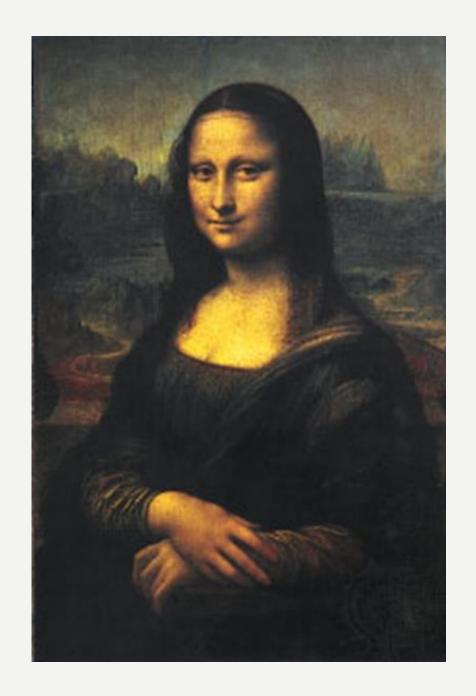
3		ead the Strategy. Match the words below to the gaps in entences 1–6.		
		friend by the sea 2nd May two vo o'clock watch films		
	1	1 We usually go cycling in the park or		
		He was born on		
		3 This tennis match started at		
	4 I use my computer to check my emails and			
	5	You could ask or a teacher for their opinion.		
	6	I waited for hours for the file to download!		

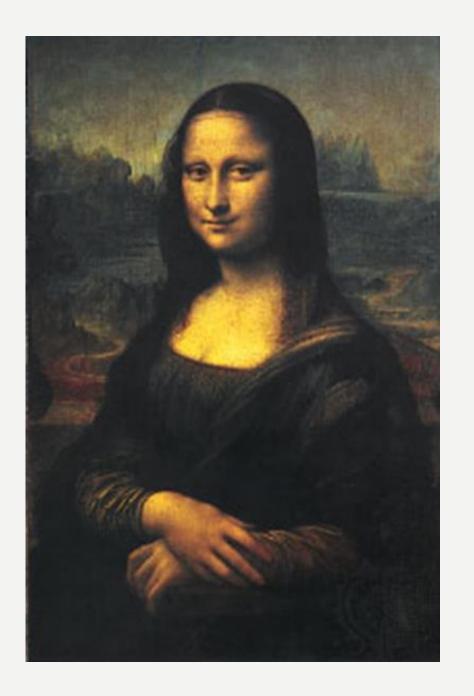




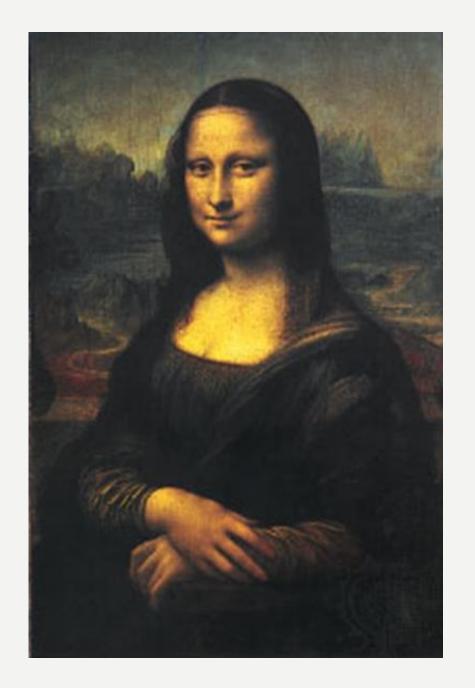
4 3.38 Listen to part of a radio report. Add ONE, TWO or THREE words or numbers in each gap.

Superiech Summer Camps
Most summer camps offer children activities like swimming, fishing, volleyball and ¹
SuperTech Summer Camp offers technology-related events for nine-2year-olds.
Courses include web programming, 3 and even how to make a robot.
Some of the course leaders are teachers, others are 4 and scientists.
SuperTech Summer Camps take place at the O'Malley Centre, about 5 km west of Dublin.
Each camp lasts 6, but children can come for more than one camp.
Matthew Day organised the first SuperTech Summer Camp
It costs £ ⁸ per week for a child to go to SuperTech Summer Camp.

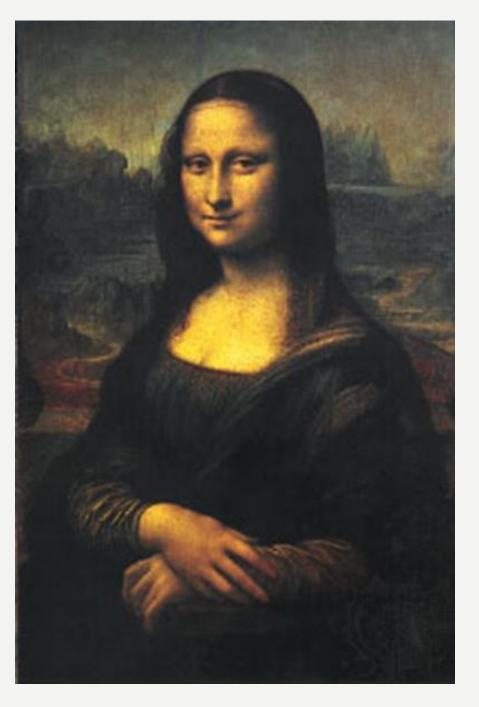




Painting (n)

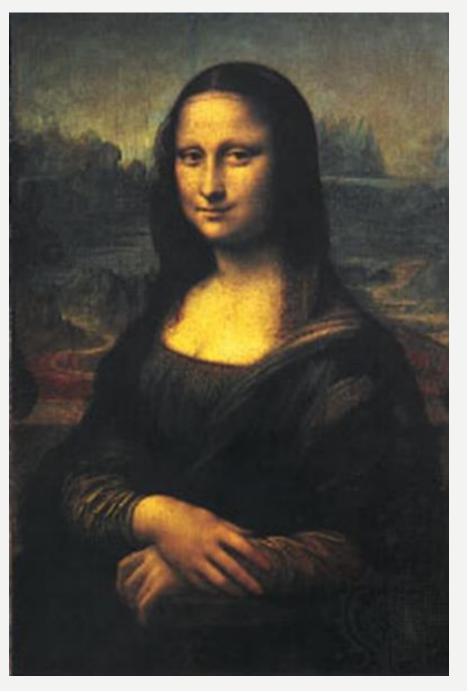


- Painting (n)
- Paint (v)



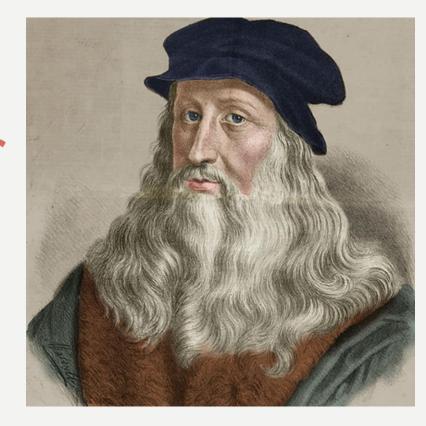
- Painting (n)
- Paint (v)





- Painting (n)
- Paint (v)

Painter



Use of English

Strategy

Learn different noun and adjective endings, such as -er and -ist for people (teach > teacher, art > artist), and -ment, -ion and -ation for things (move > movement, direct > direction, organise > organisation). This will help you to decide on the best ending in a word formation task.

6 Complete the text with words formed from the words in brackets.

Nick D'Aloisio

users to read the news very quick (INFORM) from	op called Summly. Summly allows kly. It takes all the important big news stories and makes them
into smaller stories that can fit o	on one smartphone screen.
People use computer programme world-famous ² ((PHOTOGRAPH) Kevin Abosch cre	ART) and ³
D'Aloisio, who is half 4	
	ives in London. He taught
himself how to code when he wa Summly when he was still a ⁶	s at school, and developed
In 2013, when D'Aloisio was 17, about \$30 million. So far, Summ	
(ACHIEVE). What will his next 8_	(INVENT) be?

Speaking

Strategy

When you want someone to accept your opinion, it's helpful to think of the arguments *against* your point of view as well as the arguments *for* it. When the other person challenges your opinion, you will have a good response ready.

- 7 Read the Strategy. Are these arguments for (F) an option or against (A) it? Write F or A.
 - 1 Surfing sounds fun. _____
 - 2 I'm terrible at ice skating.
 - 3 It's too cold.
 - 4 It would be interesting. ____
 - 5 It would be boring. ____
 - 6 It would be too dark. _____
 - 7 We'd learn something useful. _____
 - 8 I think watching a DVD would be more relaxing. _____

8 You are on an activity holiday abroad. Work with a partner and discuss your preferences. Agree on ONE morning activity, ONE afternoon activity and ONE evening activity.

PROGRAMME OF ACTIVITIES

MORNING

go swimming • do an aerobics class • go shopping play golf • learn to design a website

AFTERNOON

go to the cinema • go cycling • play badminton go climbing • go surfing • learn to design an app

EVENING

watch a DVD • go dancing • play board games
play computer games • learn to design a computer game
• go ice skating

Writing

Strategy

When you write an informal letter, you often need to use more than one tense. Read the exam task carefully and make sure you know when you need to use a present tense, past simple or a future form.

9 Read the Strategy. Use the verbs in brackets to complete the sentences below with the present simple, present continuous, past simple or be going to + verb.

1	We	cycling last weekend. (go)	
2	2 I problems with my co		omputer at the	
3	moment. (have)	ur letter. Sorry I	sooner.	
	(not / reply)	uecce 50		
4	1	Adam yesterday. (see)		
5	Guess what? I (be)	team captain next month		
6	Erica and I	about having a party. (think)		
7	7 My dad some old photos of us last (find)			

a printer. (not / have)

- 10 Write a letter to a friend about a ticket you won in a competition. Include information about the points below and suggest that your friend comes with you.
 - What is the ticket for? (e.g. a holiday, a sporting event, a music festival)
 - How did you win it?
 - When are you going to go?
 - How are you preparing for it?