

**SOLUTIONS UPPER-INTERMEDIATE 3**

**UNIT 6: HEALTH**

**6E**

PEGAH BAHOJB GHASEMI

# 6D

## Grammar

### The passive: advanced structures

*I can use advanced passive structures.*

- 1 Complete the passive sentences with the correct form of the modal verbs and verbs in brackets.
  - 1 It isn't true that sleepwalkers \_\_\_\_\_ (can't / wake) safely.
  - 2 It seems that more research into the new drug \_\_\_\_\_ (ought to / do) before it was made available.
  - 3 Surely the results of the tests \_\_\_\_\_ (must / check) before they were published?
  - 4 Our sleep \_\_\_\_\_ (can / disturb) by artificial lighting.
  - 5 Perhaps not all health myths \_\_\_\_\_ (should / dismiss) completely.
  - 6 We \_\_\_\_\_ (might / lie) to for decades by the drinks industry about how much water we need.
  - 7 Some health advice \_\_\_\_\_ (may / misunderstand) in the past.
  - 8 Do you think most smokers \_\_\_\_\_ (could / encourage) to quit by using e-cigarettes?

2 Complete the text with the correct passive infinitive or *-ing* form of the verb in brackets.

Imagine <sup>1</sup> \_\_\_\_\_ (wake up) by a member of your family to discover that you have not only got out of bed and turned on your computer while asleep, but have emailed your friends without knowing it. Apparently, cases of 'zzz-mailing' are starting <sup>2</sup> \_\_\_\_\_ (report) more frequently, and experts say they expect <sup>3</sup> \_\_\_\_\_ (tell) about even more of these strange events. Robert Wood, who suffers from bizarre night-time wanderings, desperately hopes <sup>4</sup> \_\_\_\_\_ (cure) after his wife, who didn't expect <sup>5</sup> \_\_\_\_\_ (meet) by such a worrying sight, found the Scottish chef cooking chips in their kitchen while fast asleep! However, another sufferer, nurse Lee Hadwin, definitely doesn't want <sup>6</sup> \_\_\_\_\_ (prevent) from sleepwalking and admits <sup>7</sup> \_\_\_\_\_ (amaze) by his unconscious talents! He certainly deserves <sup>8</sup> \_\_\_\_\_ (know) as a gifted artist after producing amazing drawings on tablecloths, clothes and walls – although it seems he has no such ability while he's awake.



**3 Rewrite the sentences in two ways using passive structures. Begin with the words given.**

1 We know that too much sugar is bad for us.

It is \_\_\_\_\_

Too much sugar \_\_\_\_\_

2 They estimate that a third of babies born in the UK in 2013 have a life expectancy of 100.

It is \_\_\_\_\_

A third \_\_\_\_\_

3 They say that vitamin C is good for colds.

It is \_\_\_\_\_

Vitamin C \_\_\_\_\_

4 People once thought that carrots were good for your eyesight.

It was once \_\_\_\_\_

Carrots were once \_\_\_\_\_

5 People believe that the ancient Egyptians were great doctors.

It is \_\_\_\_\_

The ancient Egyptians \_\_\_\_\_

6 They say that the actor put on ten kilos for this film.

It is \_\_\_\_\_

The actor \_\_\_\_\_

4 Complete the text with one word in each gap.

Do you hate <sup>1</sup> \_\_\_\_\_ told that you should be drinking more water? <sup>2</sup> \_\_\_\_\_ is often reported that we ought to drink at least two litres a day, but there are many people who believe this advice must have <sup>3</sup> \_\_\_\_\_ spread by companies wanting us to buy their bottled water. Humans are known to <sup>4</sup> \_\_\_\_\_ evolved in conditions of extreme heat and dryness and it <sup>5</sup> \_\_\_\_\_ now thought that too much water is worse for us than too little. According to one scientist, it's like saying we should all <sup>6</sup> \_\_\_\_\_ encouraged to breathe more oxygen, because if a little is good for us, more must be even better!

- The carpet needs \_\_\_ washed.
- We \_\_\_ told about the dangers. Use should
- I don't like \_\_\_ cheated.

- The carpet needs to be washed.
- We should have been told about the dangers.
- I don't like being cheated.



**WHAT ARE THE  
MOST ESSENTIAL  
ACTIVITIES  
HUMANS HAVE TO  
DO TO SURVIVE?**





**1 SPEAKING** Work in pairs. Discuss the questions.

- 1 What was your last dream or nightmare about?
- 2 Can our dreams help us in our waking lives?

## 2 Read the text. How could 'lucid dreaming' help students?

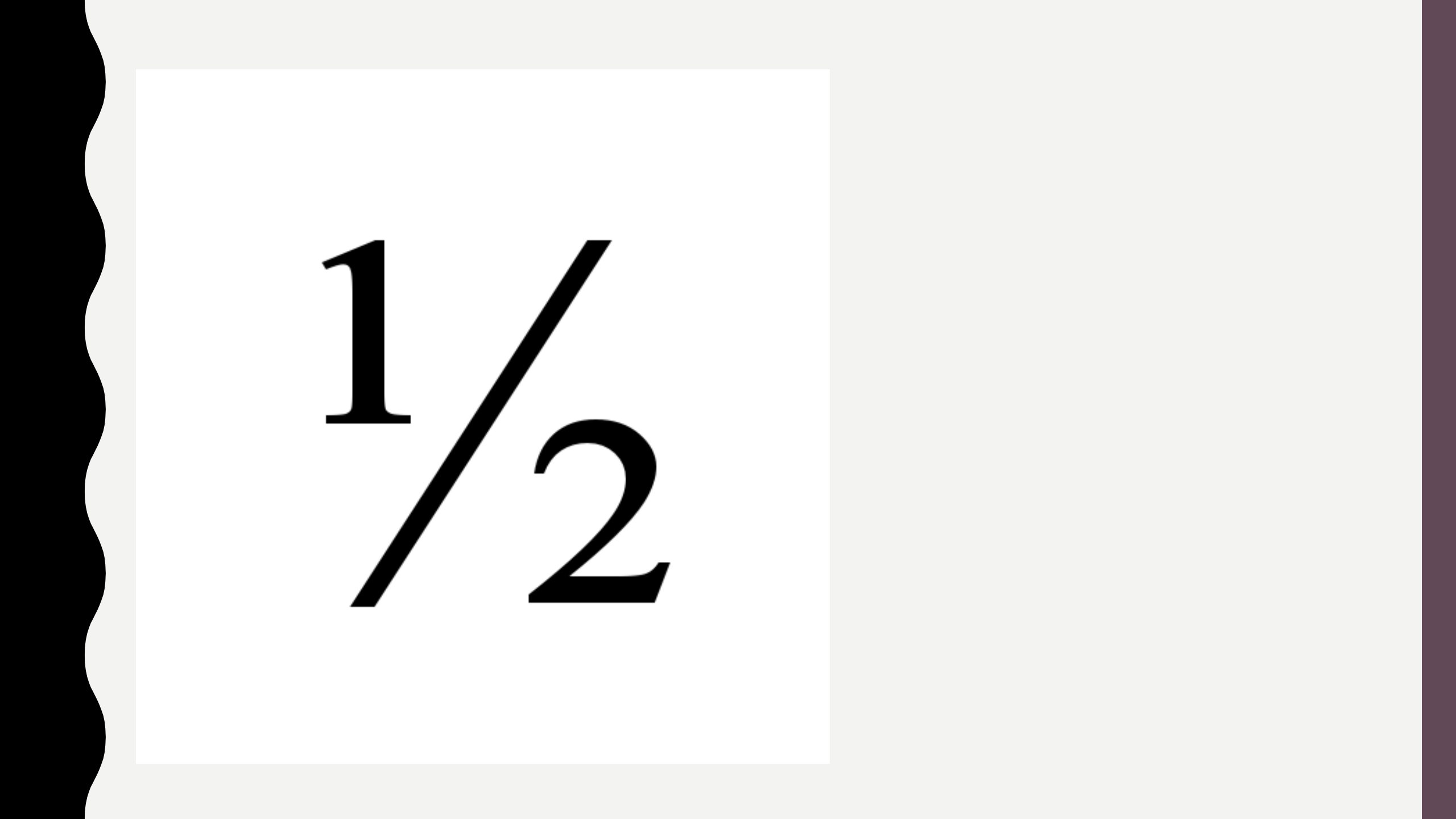
The idea that we can control our dreams through a technique called 'lucid dreaming' is usually the stuff of sci-fi films. During lucid dreaming, the sleeper knows they are dreaming and can control what happens – even deciding to have **breathtaking** experiences like flying. Now, **thought-provoking** research has received **broad-based** support from some **highly respected** scientists, who think it may not be as **far-fetched** as it sounds.

Lucid dreaming isn't just about **mind-blowing** experiences. It can be used to improve a variety of skills, from playing the piano to public speaking. It's been shown that people who dream about practising things, like playing the piano, do them better in 'real life' the next day. **Well-known** athletes also use lucid dreaming to help them deliver **record-breaking** performances.


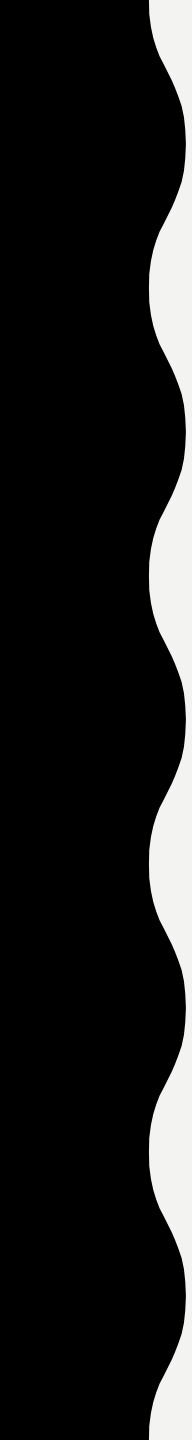
You don't need to be highly trained to have lucid dreams, but **half-hearted** efforts won't work, so try the following steps regularly:

- 1 Do difficult tasks during the day, such as studying a foreign language; it makes lucid dreaming more likely.
- 2 Decide what you want to dream about before you sleep.
- 3 As soon as you wake up and are still **bleary-eyed**, make notes about dreams while they are fresh in your memory.



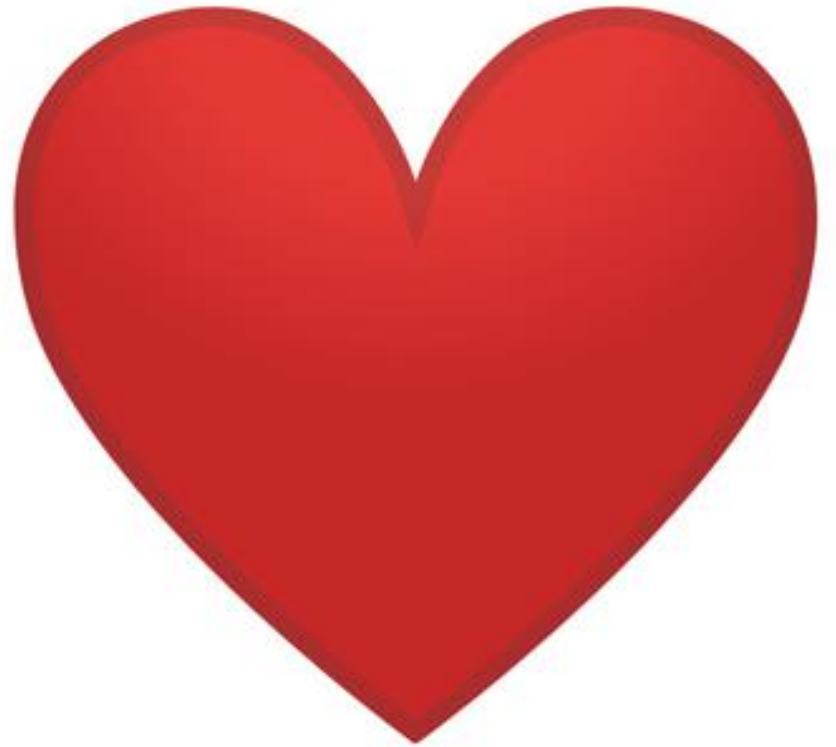


**1/2**


$$1/2 +$$

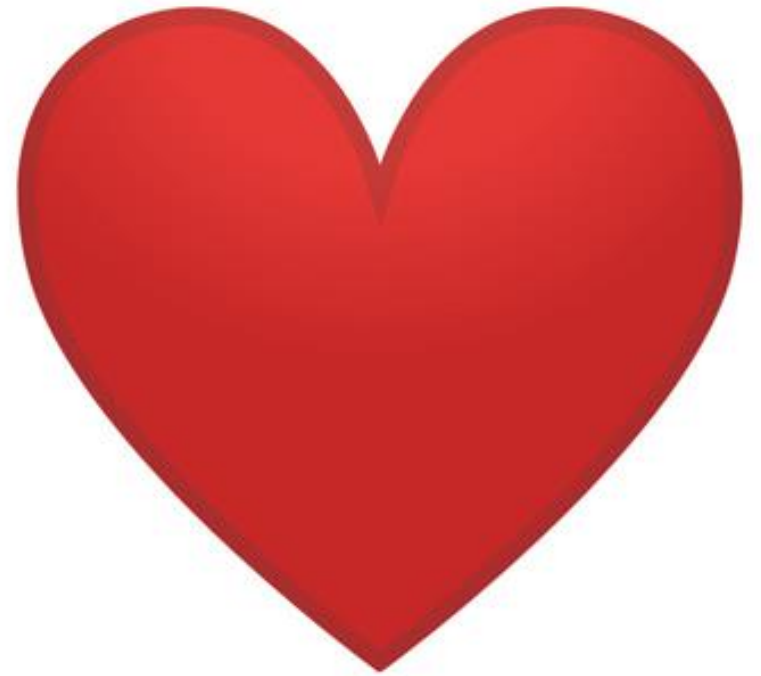
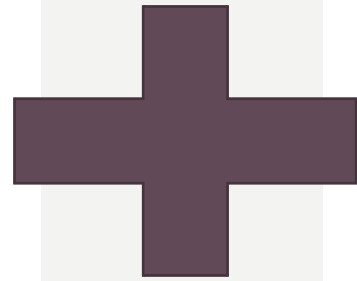
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+



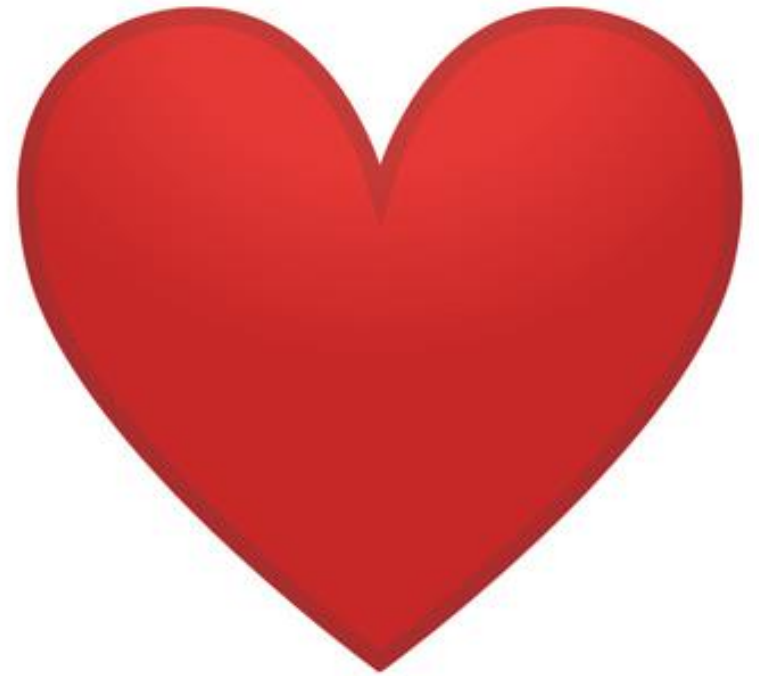
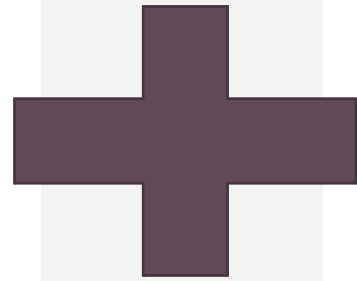
# HALF-HEARTED

$\frac{1}{2}$



**HALF-HEARTED: WITHOUT ENTHUSIASM  
OR ENERGY.**

**1/2**



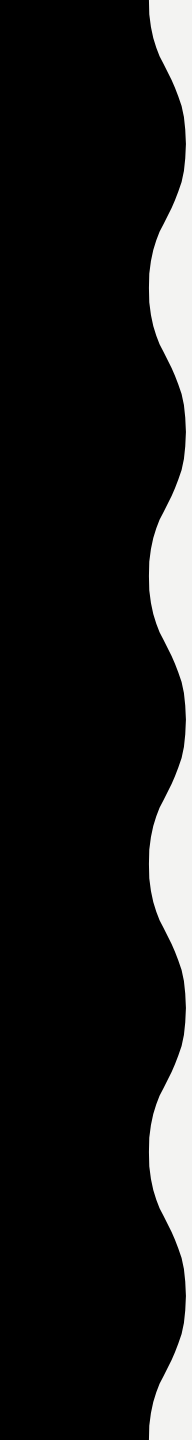



3 Put the highlighted compound adjectives in the text into the correct columns.

adjective + noun + <i>-ed</i>	noun + <i>-ing</i> form	adverb + past participle
1 _____	4 _____	8 _____
2 _____	5 _____	9 _____
3 _____	6 _____	10 _____
	7 _____	

1. Breathtaking
2. Thought provoking
3. Broad-based
4. Highly respected
5. Far-fetched
6. Mind-blowing
7. Well-known
8. Record-breaking
9. Bleary-eyed

- a. Admired
- b. Widely or generally known
- c. Astonishing
- d. Unlikely and unconvincing
- e. surpassing a record or best-ever achievement
- f. Having eyes that look very tired and watery
- g. Wide-ranging; general
- h. Overwhelmingly impressive
- i. Stimulating careful consideration or attention

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4. Highly respected → h. Overwhelmingly impressive  
5. Far-fetched → d. Unlikely and unconvincing  
6. Mind-blowing → e. surpassing a record or best-ever achievement  
7. Well-known → b. Widely or generally known  
8. Record-breaking → a. Admired  
9. Bleary-eyed → f. Having eyes that look very tired and watery

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**4** Underline the compound adjectives in sentences 1–7 then match them with definitions a–g. Then answer the questions.

- 1 Would you describe yourself as single-minded?
- 2 Do you ever buy second-hand goods?
- 3 When did you last watch a light-hearted film?
- 4 Which school subjects do you find most straightforward?
- 5 Do you think it's better to be good-looking or talented?
- 6 What upcoming events are you looking forward to?
- 7 Were you a high-spirited child?

a attractive \_\_\_

b easy \_\_\_

c imminent \_\_\_

d not new \_\_\_

e determined \_\_\_

f energetic \_\_\_

g not serious \_\_\_

## Dictionary Strategy

Compounds adjectives made up of a noun / adjective + *-ed* adjective or a noun + *-ing* form usually have their own dictionary entries. However, compound adjectives made up of an adverb + past participle do not have their own entries, as the meaning is similar to the meaning of the headword.

5 **DICTIONARY WORK** Read the **Dictionary Strategy**. Which of the compound adjectives below are likely to have their own entry? Check your answers in a dictionary.

densely populated English-speaking

light-hearted much-needed old-fashioned

record-breaking well-respected

**6** Complete the compound adjectives with the words below.  
Use a dictionary to help you.

mindful    populated    reaching    saving    watering    written

- 1 Sarah often forgets things because she's absent-\_\_\_\_\_.
- 2 His novel was well-\_\_\_\_\_, but I didn't like the characters.
- 3 The microwave is one of the best time-\_\_\_\_\_ devices ever invented.
- 4 The cakes at the baker's were so mouth-\_\_\_\_\_ that I wanted to eat them all!
- 5 That decision could have far-\_\_\_\_\_ consequences for us.
- 6 Singapore is one of the most densely \_\_\_\_\_ places in the world.

**7 SPEAKING** Work in pairs. Discuss the questions. Give reasons and examples.

- 1 Who is the most single-minded person you know?
- 2 What's the most breathtaking experience you've ever had?
- 3 What's the most useful time-saving device you own?
- 4 What is the most thought-provoking book you have read?



## 6D

# The passive: advanced structures

**1** Find and correct the mistakes in the sentences. There is one mistake in each sentence.

- 1 Swimming after a big meal is believe to be very dangerous.
- 2 She hates be teased about her weight.
- 3 We should to have been told that this dish had meat in it.
- 4 He might being cured by this injection.
- 5 I hope to be seeing by the doctor this afternoon.
- 6 In the 1930s, it was think that smoking was good for your health.
- 7 Could anyone to be harmed by this medication?
- 8 I remember be given a chocolate bar when I had a stomach ache.

**2** **SPEAKING** Work in pairs. Complete the sentences with your own ideas. Then compare them with another pair's sentences. How many ideas are the same?

*I don't like being ...*

*Sweets and chocolate should / shouldn't be ...*

*It is often believed that ...*

*Stress is known to ...*

*I hope to be ...*

**3 SPEAKING** Work in pairs.

### Student A

Use the prompts to complete the text using passive structures.

Until recently, it <sup>1</sup> \_\_\_\_\_  
(widely / believe) that we swallow  
eight spiders every year while  
we sleep. However, this 'fact'  
<sup>2</sup> \_\_\_\_\_ (now /  
know) to be a myth. After all,  
why would a spider crawl into your mouth?  
It doesn't want <sup>3</sup> \_\_\_\_\_ (eat) by you!  
Some people think that this myth  
<sup>4</sup> \_\_\_\_\_ (could / invent) as a  
research project to find out how easily false facts  
<sup>5</sup> \_\_\_\_\_ (can / spread) online. The  
real truth is that people  
<sup>6</sup> \_\_\_\_\_ (shouldn't / convince) by  
everything they read on the internet!



**Ask questions to find out about Student B's myth. Then answer Student B's questions about your text.**

- 1 Do we only use 10% of our brains?
- 2 How much of our brain do we use in a 24-hour period?
- 3 How was the myth started?
- 4 How can the brain be kept healthy in old age?

### Student B

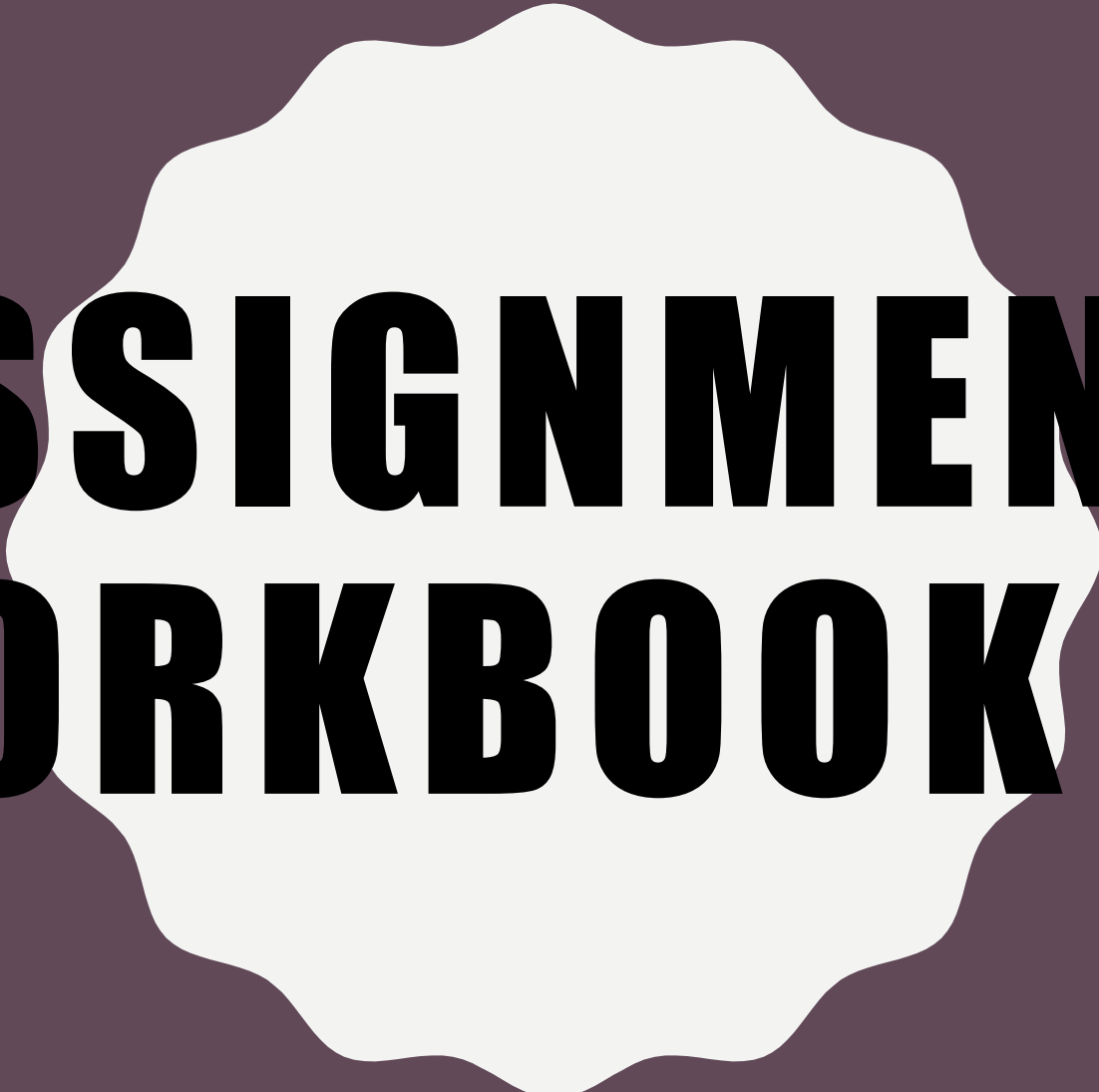
Use the prompts to complete the text using passive structures.

It <sup>1</sup> \_\_\_\_\_  
(often / report) that  
we only use 10% of  
our brains. However,  
this is a myth and it  
<sup>2</sup> \_\_\_\_\_  
(estimate) that in any  
24-hour period we  
actually use nearly 100% of our brains. The  
myth <sup>3</sup> \_\_\_\_\_ (might / start) by  
a US TV programme in 1998. Although your  
brain power <sup>4</sup> \_\_\_\_\_ (can't / improve)  
by playing brain games, the good news is that  
the brain <sup>5</sup> \_\_\_\_\_ (can / keep)  
healthy in old age. Elderly people who play word  
or number games, read books and socialise  
regularly <sup>6</sup> \_\_\_\_\_ (know / have)  
healthier brains.



**Answer Student A's questions about your text. Then ask questions to find out about Student A's myth.**

- 1 Do we swallow eight spiders every year while we sleep?
- 2 Why would a spider not want to go inside my mouth?
- 3 How was this myth started?
- 4 What is the real truth about this myth?



**ASSIGNMENT:  
WORKBOOK 6E**

DEADLINE: SUNDAY